

No Hitting Social Story



I-AUTISM.COM



I will keep my hands to myself.



If I feel upset or frustrated, I can take deep breaths or ask for help.



I-AUTISM.COM



I can use words to tell someone how I am feeling instead of hitting.

If I do hit, I will say sorry and ask if they are okay.



Hitting hurts other people



I will feel proud of myself for making good choices and not hitting.



I-AUTISM.COM